

summer reading

Inmate Outreach
@ Sacramento County Jail

- Ask staff for a reading recommendation
- Attend yoga class
- Complete an art project
- Create a list of your Top 10 goals
- Create a toy to be donated to the animal shelter
- Design your idea relaxation or personal space
- Join a book club
- Keep a gratitude journal
- Make a bookmark
- Outdoor recreation
- Participate in outdoor recreation
- Play a board game
- Read a genre you don't typically read
- Read a graphic novel
- Respond to journal prompts from staff
- Write a book review one or more pages long
- Write a gratitude letter
- Write a letter to self
- Write a letter to the author of a book you enjoyed
- Write a list of 4 good qualities about your roommate and about yourself
- Write a movie review
- Write a short story, rap, or poem